

**WINTER SOLSTICE
SPIRIT WAVE GONG IMMERSION**
Sat. Dec. 21st, 7-9pm



Experience the Transformational Tones, Sacred Sounds and the Healing Powers of
THREE PLANETARY GONGS - SINGING TOGETHER
Celebrate the Element of Winter and the Coming of the New Light Within.

Immerse yourself in the Meditative Healing Sounds of the Gong.
Allow the Sacred Sounds of Spirit to gently wash over you
As you let yourself relax into the Healing Vibrations of a Light Filled Gong Immersion.

Enjoy a brief discussion on the history of the gong along with an explanation of the relationships of the Water Element of Winter, the Utmost Yin Moon Gong and the Winter Solstice.

CELEBRATE THE RETURNING OF THE LIGHT
Through the power of a
SPIRIT WAVE GONG IMMERSION

Tracey's Shakti Gong Studio – Space is limited. Please confirm your spot ASAP @303-621-5805
Please bring a hors d'oeuvre or a mini munchie to share. Water, tea and light refreshments will be available.
Please bring a mat to lie on, blanket to keep warm and pillow. Chairs will be available if needed.